

SIGNATURE BOWLS



CARDS ONLY
NO CASH
ALL PRICES ARE IN EURO AND INCLUDED VAT.



PLANTED CHICKEN MONK
AFMNO
NOT SO BIG: 8,90
BIG: 12,90

RICE
TERIYAKI
PLANTED.CHICKEN
MANGO
EDAMAME
HUMMUS
RED CABBAGE
SPICY-MANGO-MAYO
SESAME



NEW VEGAN BOWL R RITO MONK
AFMO
NOT SO BIG: 8,90
BIG: 12,90

RICE
TERIYAKI
PLANTED.KEBAB
SWEET CORN
KIDNEY BEANS
AVOCADO-MASH
TOMATO SALSA
AIOLI-MAYO
TORTILLA CHIPS
SPRING ONIONS



TOFU SESAME MONK
AEFHMNO
NOT SO BIG: 8,90
BIG: 12,90

RICE
POKE
TOFU MARINATED
AVOCADO-MASH
SWEET POTATO-MASH
RED CHICKPEAS
RED CABBAGE
SESAME-MAYO
PEANUTS
SPRING ONIONS



RED FALAFEL MONK
AEFHMN
NOT SO BIG: 7,50
BIG: 9,90

RICE
POKE
RED FALAFEL
RED CABBAGE
HUMMUS
RED CHICKPEAS
LEAF SPINACH
SRIRACHA-MAYO
DUKKAH



NEW VEAL TRUFFLE MONK
ACFMNO
NOT SO BIG: 9,50
BIG: 13,90

RICE
TERIYAKI
VEAL
BOILED EGG
SWEET CORN
LEAF SPINACH
CUCUMBER
TRUFFLE-MAYO
SPRING ONIONS
FRIED ONIONS



JERK CHICKEN MONK
AEFHMNO
NOT SO BIG: 8,90
BIG: 12,90

RICE
TERIYAKI
JERK CHICKEN
EDAMAME
RED CABBAGE
PINEAPPLE
SWEET POTATO-MASH
SRIRACHA-MAYO
DUKKAH
SPRING ONIONS



PULLED CHICKEN MONK
FM
NOT SO BIG: 8,90
BIG: 12,90

RICE
LADYLIKE
PULLED CHICKEN
MANGO
AVOCADO-MASH
CUCUMBER
CARROT
MARACUJA-MAYO
CHILI
SOLNUTS



SALMON WASABI MONK
ADEFMNO
NOT SO BIG: 9,50
BIG: 13,90

RICE
TERIYAKI
SALMON
EDAMAME
MANGO
AVOCADO-MASH
CARROT
WASABI-MAYO
SHREDDED NORI
PEANUTS

CREATE YOUR OWN BOWL

NOT SO BIG FROM: 8,90
BIG FROM: 12,90

01 BASE

CHOOSE 1
RICE
LEAF SPINACH +1€
QUINOA +1€
ROMANE SALAD +1€ **NEW**

02 VEGAN DRESSING

CHOOSE 1
MARACUJA
LADYLIKE
SESAME-SOY
POKE ^{AFN}
SWEET-SOY
TERIYAKI ^{AFD}
NATURAL-SOY
TAMARI ^F
SPECIAL SALAD-DRESSING ^{NEW}
CAESAR ^{ACDGLM}
(NOT VEGAN)

03 GREEN

CHOOSE 4
AVOCADO-MASH
BOILED EGG ^C
CARROT
CUCUMBER
EDAMAME ^F
HUMMUS ^N
KIDNEY BEANS
LEAF SPINACH
MANGO
PINEAPPLE
RED CABBAGE
RED CHICKPEAS
RED CHILI CABBAGE ^O
SWEET CORN
SWEET POTATO-MASH ^{HLNO}
TOMATO SALSA

04 PROTEIN

CHOOSE 1
MEAT
CHICKEN BREAST **NEW**
JERK CHICKEN ^{AFM}
PULLED CHICKEN ^{FM}
VEAL +3€/2€
FISH
SALMON ^{DFN} +3€/2€
VEGAN
PLANTED.CHICKEN ^N +2€/1€
PLANTED.KEBAB +2€/1€
RED FALAFEL ^{AF}
TOFU MARINATED ^{AFNO}

05 VEGAN MAYO

CHOOSE 1
AIOLI ^M
MARACUJA ^M
SESAM ^{FMN}
SPICY MANGO ^M
SRIRACHA ^{FM}
TRÜFFEL ^{MN}
WASABI ^M

06 TOPPING

CHOOSE 2
CRUNCHY BREAD CHIPS **NEW**
PEANUTS ^E
FRIED ONIONS ^A
SESAME ^N
SOLNUTS
TORTILLA CHIPS
VEGGIE
SPRING ONIONS
CORIANDER
SHREDDED NORI
SPICY ^J
CHILI
DUKKAH ^{EFHN}



SPECIAL

CAESAR SALAD MONK

ACDGLM
ROMANE LETTUCE
CAESAR SALAD-DRESSING
CHICKEN BREAST
TOMATO SALSA
BOILED EGG
BREAD CHIPS
SPRING ONIONS

BIG: 11,90

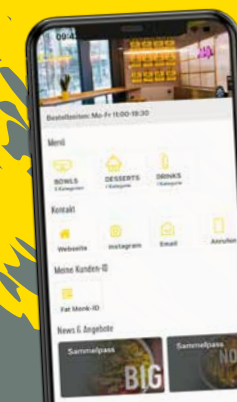


DESSERT

TRIPLE CHOCOLATE MOUSSE ^{ACFGH} 3,90

COOKIES 1,90
ASK ABOUT OUR CURRENT FLAVOURS!

PRICES APPLY TO ALL VIENNA STORES EXCEPT
FAT MONK - WESTBAHNHOF.
YOU CAN FIND ALL CURRENT PRICES IN OUR ONLINE PICK-UP-STORE
OR IN THE FAT MONK-APP.



GET THE FAT MONK-APP!
COLLECT MONKS &
GET SPECIAL DEALS!